



Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

7th-12th Grade Boys & Girls Shooting & Scoring Workout Open Session

Location: STM High School Gym

Cost: \$155 *Online payment can be made at time of registration.*

Athletes will receive a Warwick Workout t-shirt & Shorts.

Shooting & Scoring Workouts are for the advanced player. This workout will focus on shooting footwork, shooting off the move, creating your own shot, reading screens and coming off screens as well as all other aspects of shooting. Athletes will be taught and participate in Heat Shooting, Magic Shooting, Warrior Shooting, Fast Break Shooting, Shooting Program and Pre-practice shooting during this series of Shooting & Scoring Workouts. These workouts will assist athletes to become a more effective shooter and scorer.

Sunday, April 19 th	6:00-7:30
Sunday, April 26 th	6:00-7:30
Sunday, May 3 rd	6:00-7:30
Sunday, May 10 th	6:00-7:30
Sunday, May 17 th	6:00-7:30

Register online at www.warwickworkouts.com

Find your session under the register for workouts tab

Contact Kris Warwick with questions about weekly workouts

Email: warwickworkouts@gmail.com

Cell: 391-6700 (Kris)

WHERE CHAMPIONS TRAIN.